Multi-Family Recycling Guide

Recycling the following materials is mandatory in the Regional District of Nanaimo. Your building or complex may accept additional items for recycling. Check the signage on the recycling containers or ask your manager for details.

**Boxboard packaging:**
cereal, soap, shoe boxes etc.,

**Catalogues**
Junk mail

**Envelopes**

**Fibre egg cartons**

**Magazines**

**Office and computer paper**

**Paper bags**

**Phonebooks**

**Please check:**
Plastic liners are removed
Paper is clean and dry

**NO Books, soiled paper, drink boxes, or paper with waxed coatings, plastic or foil lamination
NO tissues, paper towels, waxed, baking, parchment paper, or pizza boxes**

**Small pieces of corrugated cardboard**

**Corrugated cardboard boxes**

**Please check:**
Boxes are flattened

**NO waxed or coated boxes or non-corrugated boxes**

**Newsprint**

**Newspapers, flyers and inserts**

**Please check:**

**NO books or soiled newspaper**

**Plastic condiment bottles:**
cherry, relish, mayonnaise etc.

**Plastic cosmetics, medicine bottles:**
shampoo, mouthwash, vitamins etc.

**Plastic dish soap and laundry detergent bottles**

**Plastic food containers:**
margarine, yogurt, peanut butter etc.

**Plastic milk jugs**

**Please check:**
Containers are rinsed with no food or other residue

**NO foam plastic (Styrofoam)**

**NO containers that held chlorine or ammonia-based products, motor oil containers, metal bottle lids or caps, spray nozzle heads and metal attachments.**

**NO plastic bags**

**Food and beverage cans and lids**

**Aluminum foil containers and trays**

**Please check:**
Containers are rinsed with no food or other residue

**NO metal pots**

**NO plastic or paper laminated with foil such as, chip bags, or dog food bags**

**NO tetra paks**

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**Please note:** Beverage containers should be returned for deposit at participating retail stores or Return-It Depots. For details, visit www.encorp.ca or call 1-800-330-9767.

**FOR MORE INFORMATION CONTACT:**
RDN Solid Waste Services
250-390-6560 or 250-954-3792  Email: zerowaste@rdn.bc.ca  www.rdn.bc.ca

A partnership of the Regional District of Nanaimo and its member municipalities — Nanaimo, Lantzville, Parksville and Qualicum Beach.