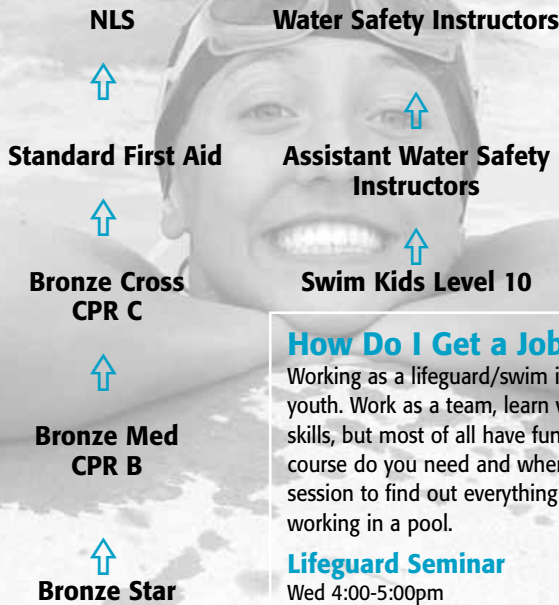


# Leadership in Aquatics at Ravensong Pool

## Steps in Aquatic Leadership



### How Do I Get a Job as a Lifeguard?

Working as a lifeguard/swim instructor is a great job for youth. Work as a team, learn valuable leadership and life skills, but most of all have fun working with kids! What course do you need and when? Come to the information session to find out everything you need to know about working in a pool.

### Lifeguard Seminar

Wed 4:00-5:00pm  
 18752 Sep 20  
 18753 Nov 22  
 18754 Feb 21  
 Free!

### Prerequisites:

- Assistant Water Safety Instructors . . .15 years of Age
- Water Safety Instructors . . . . .AWSI & 16 years of age
- Bronze Medallion . . . . .13 years of age
- Bronze Cross . . . . .Br Med & 13 years of age
- Standard First Aid . . . . .No prereq.
- National Lifeguard Service . . . . .Bronze Cross & 16yrs of age  
 . . . . .Standard First Aid (within 1 year)

## Recreation Grants Program

Youth grants are available for recreation programs or projects for youth age 13-18 years. Community Grants are available for all age groups. Grants are awarded for up to \$2,500 and may be used for equipment, materials and supplies, but may not be used for wages or honorariums.

The next grant application deadlines are September 23 and January 30. Application forms and guidelines for both grants are available at both Recreation and Parks offices or at our website at [www.rdn.bc.ca](http://www.rdn.bc.ca).

For information, please call Cathy MacKenzie, 248-3252.



## Party at the Pool

Are you looking for a fun and active way to celebrate your child's birthday or family event? Call us for information on birthday party packages and private party rentals. Leave the planning... and the mess with us!

Bookings must be made at least two weeks in advance.

Goodie bags available for \$1.95 each at the time of booking.

**Package #1 1 hour**  
 One hour of pool time with a play leader.  
 \$58.45 (up to 10 children)  
 \$6 Additional child

**Package #2 1.5 hours**  
 One hour of pool time with a play leader followed by a 1/2 hour party in the lobby. Includes cake, pizza, juice or pop, decorations, table set-up.

\$143.64 (up to 10 children)  
 \$9 Additional child

**Package #3**  
 Private pool rental on a Saturday 5:00-6:00pm. Includes use of lobby and table set-up following your pool time.  
 \$102.57 Fall  
 \$104.63 Winter

# Winter Active

Try something new this season

Let's make BC the healthiest community to ever host an Olympic and Paralympic Games.

Check out these upcoming events:

## Island Swim Challenge

Sep-Dec Ravensong Aquatic Centre

## Healthy Living Challenge

Spirit of BC Week Feb 2007

## Spirit of 2010 Hockey Tournaments

## 20% Challenge

Take the challenge and increase your activity level this winter. Challenge your school! Challenge your workplace!

Call 248-3252 for more information or online at [www.rdn.bc.ca](http://www.rdn.bc.ca)



winter active



# Everybody gets to play.

## Financial Access Program

The Recreation and Parks Department offers solutions to financial barriers that limit participation in our programs through the Financial Access program. The Society of Organized Services (S.O.S.) works in partnership with us to provide financial assistance to residents of District 69.

The S.O.S. assists children, 5-15 years of age, to participate in recreation activities while the Recreation and Parks Department assists participants younger than 5 years and older than 15 years. The process is simple and confidential and must be done in advance of registering to avoid disappointment.

If this assistance would enable you, or someone you know, to participate in a recreation program found in this guide, please contact the S.O.S. at 248-2093 or call Cathy MacKenzie at 248-3252. Confidentiality is assured.

## KidSport Fund

The KidSport Fund is a program offered by Sport B.C. for children ages 6-18 years wishing to participate in organized community sports. Grants to individual athletes are designed to give children the opportunity to participate in a sport activity that would not be possible without the financial assistance of the KidSport Fund.

Please apply early as this program is in high demand and Sport B.C. may require 4-6 months to process applications. Parents should apply for fall sports in May and spring sports in January.

For more information regarding applications or to make a contribution, please call 248-3252.

## Best for Less

Our community is full of low-cost options for you and your family to recreate. Here are some great ideas!

Visit the local library for new ideas or story time

Community events - check out page 40

Enjoy your local park, playground or trail

Walk, walk, walk - trails, beaches, parks and towns... all great places for a stroll

Swim at Ravensong Aquatic centre. Check out their twoonie swims!

Skate at Oceanside Place. Twoonie sessions are now available!

Skateboard Parks at Qualicum Beach and Parksville Community Park

Visit the Wildlife Recovery Centre, Craig Heritage Park or the Big Qualicum Fish Hatchery

Check out the local art galleries

Mother Goose - see pg 9

Beachcombing

Find out about the next school carnival

Go caving!

Join a club - see page 42-48

Check out Parent and Tot groups page 43

Go to garage sales

Help your child draw a map of your house or neighborhood

Have an evening to play board games

Be creative - put on a puppet show, tell jokes and stories, have a spelling bee, experiment with bubbles, make a scavenger hunt in your neighborhood

Fly a kite

Start a collection by organizing baseball cards, buttons, stickers or rocks

Play ball hockey, lacrosse or basketball at the lacrosse box





# Special Events

## Errington Coffee House

First Saturday every month, Sep-Jun

\$5 or \$2.50 (6-12yrs) & under 6yrs free  
Contact: Bege Johnston 248-9429

## Golden Oldies Classic VI Hockey Tournament

Sep 6-9

Oceanside Place

## SPCA Paws for Cause Walkathon for the Animals

Sun Sep 10

Ermeskin Trails and Off-lease Dog Park on Despard Avenue in Parksville

Registration at 9am; walk begins at 10am

followed by fun and games for the whole family (including your dog).

## Island Swim Challenge

Sep 11-Dec 17

Are you ready for a fitness challenge? Swim around Vancouver Island in the warmth of Ravensong. Log your swim mileage each time you visit Ravensong. Contact RDN Recreation and Parks 752-5014

## Terry Fox Run

Sun Sep 17

9:00am registration 10:00am start  
Rathrevor Provincial Park  
Contact RDN Recreation and Parks 248-3252 or 752-5014

## Harvest of Music

Sep 23-Oct 1

Concerts, children's jazz concert, Japanese taiko drumming and Kagura ensemble.

Contact: The Old School House 752-6133

## BC Rivers Day

Sun Sep 24

Englishman River Regional Park  
Contact: RDN Recreation and Parks 248-3252 or 752-5014

## BC Rivers Day

Sun Sep 24

Little Qualicum River  
Contact: Annette Tanner 752-6585

## Halloween Dance with Jambanja

Oct 26

Errington War Memorial Hall

## Seagals Women's Hockey Tournament

Oct 27-29

Oceanside Place

## Halloween Howl

Mon Oct 30 6:30-8:00pm

Ravensong Aquatic Centre

Contact: RDN Recreation and Parks 248-3252 or 752-5014

## Errington Pumpkin Trail

Oct 31

Fireworks, treats  
248-5685

## Coombs Halloween Candy Walk

Oct 31

Haunted House, treats

## Qualicum Beach Halloween

Oct 31

Bon fire, fire works, hot chocolate

## Oceanside Minor Hockey Jamboree

Nov 4-5

Oceanside Place

## Spa Night

Nov 6 6:00-8:00pm

Ravensong Aquatic Centre  
\$20/1

Contact: RDN Recreation and Parks 248-3252 or 752-5014

## Oceanside Minor Hockey Midget Tournament

Nov 10-13

Oceanside Place

## Qualicum Beach Moonlight Madness and Tree Lighting

Thu Nov 16

Downtown Qualicum Beach  
Contact: 752-0960

## Ringette Women's Tournament

Nov 17-19

Oceanside Place



# in Oceanside

## Milner Christmas Magic

Dec 1-3

Milner Gardens  
Contact: 752-8573

## Festival of Trees

Dec 4-16

Reception Dec 15 7:00-9:00pm  
Contact: The Old School House  
752-6133

## Christmas Concert

Dec 16

Errington War Memorial Hall  
\$5 or \$2.50 (6-12yrs) & under 6yrs free  
Contact: 248-9810

## Bethlehem Walk

Dec 16-19

Parksville Fellowship Baptist Church  
Contact: 248-6322

## Winter Wonderland

Dec 18-26

Oceanside Place  
Contact: RDN Recreation and Parks  
248-3252 or 752-5014

## Santa Swim

Dec 20 2:00-4:00pm

Ravensong Aquatic Centre  
Contact: RDN Recreation and Parks  
248-3252 or 752-5014

## Oceanside Minor Hockey Bantam Tournament

Dec 27-30

Oceanside Place

## Polar Bear Swim

Jan 1

Parksville Beach  
Contact RDN Recreation and Parks  
248-3252 or 752-5014

## Generals Jr. Hockey All Star Game

Jan 14

Oceanside Place

## Panters Junket Senior Hockey Tournament

Jan 16-17

Oceanside Place



## Oceanside Minor Hockey Mites/Novice Tournament

Feb 2-4

Oceanside Place

## Spirit of BC Week

Feb 3-10

Only three years to go! Celebrate the  
countdown to the 2010 Olympics.  
Contact: RDN Recreation and Parks  
248-3252 or 752-5014

## Valentine's Sweetheart Swim

Wed Feb 14 6:30-8:00pm

Ravensong Aquatic Centre  
Contact: RDN Recreation and Parks  
248-3252 or 752-5014

## Oceanside Minor Hockey Pee Wee Tournament

Mar 15-18

Oceanside Place

## Pot of Gold Swim

Sat Mar 17 1:00-5:00pm

Ravensong Aquatic Centre  
Contact: RDN Recreation and Parks  
248-3252 or 752-5014

## Oceanside Minor Hockey Atom Tournament

Mar 22-24

Oceanside Place



## We're on-line!

Schedules, special events and program  
information are available at  
[www.rdn.bc.ca](http://www.rdn.bc.ca).



## ARTS & CULTURAL GROUPS

### Arts and Crafts:

Arrowsmith Needle Arts Guild	Dee	752-3673
Arrowsmith Potters		
Guild		954-1872
Station Gallery		954-1872
Arts Afire Pottery	Kim Baxter-Hancock	248-5949
Central Island Helping Hands & Hobbies Society	Heinz & Gisele Erb	752-2703
Decosmos Fine Arts Society	Ann Tardiff	248-1210
Expressions	SOS	248-2093
Machine Knitters	Mary	248-0575
Mid Isle Floral Art Club	Pauline Hargraves	752-1427
Oceanside Community		
Arts Council	Terry Miller	248-8185
Oceanside Wood Carving	Allen Poynter	248-2002
PV Arts & Crafts	Christine Bell	248-0117
Quilthouse Quilters	Mary Smith	248-4773
The Garden Gallery	Darlene Kellet	951-2151
The Old School House		
Art Centre	Corinne James	752-6133
Weavers...		
QB Weavers & Spinners	Suzanne Whiting	752-5944
Woodworking Guild	Fred Desjardins	248-4548
Writers...		
Spindrift Writers	Eswyn Lyster	752-9723

### Dance:

Ballet...		
PV Ballet School	Linda Klassen	248-9522
PV Ballet School Auxillary	Kathy McLane	248-2809
QB School of Dance	Shari Selva	752-0227
Ballroom Dance	Dirk & Joyce	751-0924
	Ken & Margaret Yung	954-0533
Clogging Sharon Lafferty		468-7478
Highland Dance	Margaret Larson	248-5199
Line Dancing	Bert Grindley	248-9224
Scottish Dance...		
Nanoose Bay	Rita Gibson	954-0160
Parksville	Janetta Begg	752-3151
Square Dance...		
PV Sand Dollars	Bev Mogge	954-1152
QB Circle 8's		
Square Dance Club	Lena Groenendyk	752-9951
The Studio Dance Co.	Cheryl Johnson	752-0832

### Music:

BC Old Time Fiddlers	Ruby Gudbranson	248-5626
	Jean Shaw	248-8018
Cathy's Music Studio		
(Piano)	Cathy Grandmont	752-5846
Children/Youth Choir	Carolyn Hatley	752-2665
Coombs Country		
Blue Grass	Cliff Raymor	248-1009
Coombs Country Opera	Terry Whibley	248-6075

### Dist 69 Registered

Music Teachers	Faye Smith	752-9297
Everyvoice Singers	Carolyn or Fern	248-1074
Island Troubadours	Pat Kasprzak	752-2890
Mt. Arrowsmith Pipe Band	Mel Wilson	752-7810
Musikgarten with Gina		248-3002
Nanaimo Conservatory of Music		754-4611
Oceanside Concert Band	Jeff Bailey	468-2700
Piano Lessons	Lucy	951-0858
PV & Dist		
Community Choir	Rosemarie Davenport	468-2730
PV & Dist Music Assoc	Jeff Bailey	468-2700
Vancouver Island Opera	Tatiana Vasilieva	752-6095
Village Voices	Elva Hogan	752-0596
Violin Lessons	Marjorie Cullerne-Koers	
		248-9339

### Theatre:

Bard to Broadway		752-6813
ECHO Players Theatre		
Membership		752-3522
Box Office		752-3522
Janus Theatre Society		
of Parksville	Eileen Pope	752-5805
	Peter Bendz	752-8064

### HALLS FOR RENT IN DISTRICT 69

Arrowsmith Hall (Coombs Fairgrounds)		
	Janet Boley	752-9757
Bradley Ctr	Gunter	248-2336
Coombs Rodeo Hall and Grounds	Donna	248-1077
PV & Dist 69 Historical Society		
	Marilyn Dingsdale	248-3846
Errington War Memorial Hall	Denise	248-5685
Lighthouse Community Ctr		757-8481
Lion's Recreation Hall	Ken Ross	757-8701
Little Qualicum Hall (Dashwood)	Donna Reed	752-1175
Lost Lodge Resort	Justin or Erroll Smith	752-8444
Nanoose Library Hall		468-9790
Nanoose Place	Eve Flynn	468-5339
Oceanside Community		
Arts Council/Gallery	Terry	248-8185
Oceanside Place	Debbie	248-3252
PV Ballet School	Linda Klassen	248-9522
PV Community Centre	Pat or Lori	248-6234
PV Curling Club		248-3764
PV Legion		
Branch #49 Hall	John McClelland	248-5633
Qualicum and Dist Curling Rink		752-6162
QB Community Hall	Marie or Vicki	752-1992
QB Civic Ctr	Marie or Vicki	752-1992
Rotary House	Trevor	752-7269
QB Legion		
Branch #76 Hall	Richard Paugh	752-9632
Kinsmen Shelly Road Ctr	Jodie Oxford	951-1094
Qualicum Wellness Centre	Shireen Zant	752-5300



Society of Organized Services (SOS) .....248-2093

## HEALTH AND FAMILY SERVICES

Aids Information .....Anita .....753-2437  
 Alanon Eileen .....752-0904  
 Alcoholics Anonymous .....248-7273  
 Alcohol & Drug Services:  
 (Adult, Child & Youth) .....954-4738  
 Arthritic Swim .....Patrice .....248-6864  
 Art Therapy & Counselling .....Mehdi Naimi .....240-1221  
 Associated Family & Community Support .....Susan Butler .....248-0076  
 BC Lung Assoc .....Doug Hill .....752-5905  
 BC Schizophrenia Society .....Catherine Burkmar .....248-0486  
 Building Learning Together/Muchkin Land  
 .....Liz .....248-4041  
 Canadian Cancer Society .....752-3222  
 Caregivers Support Services  
 .....Isobel Gemmell .....468-5687  
 Child Abuse Hotline .....310-1234  
 Child & Youth Mental Health Services .....954-4738  
 Christmas Program .....SOS .....248-2093  
 Community Kitchens .....Nancy Howlett .....248-2083  
 Community Police...  
 Parksville .....Betty Fraser .....954-2223  
 Qualicum Beach .....Betty Fraser .....752-2949  
 Counselling Servies .....SOS .....248-2093  
 Crisis Line .....248-3111  
 Dist 69 Society of Allied Support Groups .....Jack .....248-5551  
 Dist 69 Stroke Recovery Club Kathleen Falvai .....248-6870  
 Divorce Support Group .....Eryn Wilder .....752-5513  
 Eating Disorder .....Susan Butler .....248-0076  
 Emergency Assistance .....SOS .....248-2093  
 Emergency Social Services .....954-3411  
 Employment...  
 Career Centre .....248-3205  
 Family Resource Assoc. ....752-6766  
 Haven Homes .....SOS .....24hrs 248-2093  
 Haven Society  
 Community Victim Services .....248-3500  
 Health Unit .....248-2044  
 Healthy Beginnings .....248-2044  
 Heart & Stroke Foundation .....Donya Fiske .....1-888-754-5274  
 Home School Community  
 Dist 69 .....Margie Preninger .....248-6682  
 Income Tax Program .....SOS .....248-2093  
 La Leche League .....Susan Vigneault .....954-2922  
 .....Lesley .....951-0868  
 Meals-on-Wheels .....SOS .....248-2093  
 Medical Appointment  
 Transporation .....SOS .....248-2093  
 Mid Island HIV/Aids Society  
 .....Anita .....753-2437  
 Oceanside Seniors  
 Outreach .....Lou Drage .....248-9747  
 MS Support Group .....Kathy Allenby .....752-5721

Multiple Sclerosis Society .....Isobel Gemmell .....468-1757  
 Oceanside Abuse Response  
 Network (Adults) .....SOS .....248-2093  
 Oceanside Hospice Society .....Rich Mennie .....752-6227  
 Oceanside Volunteer Centre .....248-2637  
 Overeaters Anonymous .....Elise .....248-2719  
 .....Lorie .....248-2582  
 PacificCARE Child Care Referral .....1-888-480-2273  
 Parent Support Circles .....Bella .....1-800-665-6880  
 .....Sandi Halvorson .....468-9658  
 Parkinsons Support Group .....Lucille Loeb .....752-8352  
 PV & Dist Assoc for  
 Community Living .....Marianne Janzen .....248-2933  
 Reflexology/Energy Work .....Heather Pearce .....248-2900  
 .....Ev Wur .....752-2894  
 Salvation Army .....Information .....248-8794  
 Community Services Foodbank .....248-8793  
 Society of Organized Services .....248-2093  
 Special Olympics .....John Larner .....752-0429  
 St John Ambulance  
 Dist 69 .....Bill Bass .....954-1774  
 Substance Abuse .....954-4738  
 TOPS .....1-800-932-8677  
 Area Coordinator .....Judy Chaffin .....752-6686  
 Welcome Wagon .....Bev McLeod .....248-4720  
 White Cane Club .....Lois Nelson .....757-9938

## PRESCHOOL/PARENT & TOT GROUPS

### Preschool:

Children's Discovery Ctr .....Linda Madsen .....752-4343  
 Errington Co-op Preschool .....Shannon Hay .....248-0605  
 Huggies Preschool .....Paige Huggins .....752-9304  
 Kinderworld  
 Family Childcare .....Christina .....248-2250  
 Kwalikum Preschool .....Sharman Edgett .....752-3716  
 Little Promises Preschool .....Lynn Moore .....248-3686  
 Morning Glory Children's Garden .....752-2722  
 Springboard Family Ctr .....Kathryn .....951-0011  
 Sunrise Preschool .....Gina Coutts .....248-8552  
 The Village Preschool .....Anmari Trigona .....954-0767

### Parent & Tot Groups:

Morning Glory .....752-2722  
 Mother Goose and Friends/WOW Bus  
 .....Liz .....248-4041  
 Nanoose Children Centre .....Lana .....468-1784  
 Nanoose Place  
 Moms & Tots .....Cindy Dekker .....468-9379  
 Parenting .....SOS .....248-2093  
 Time Out for Tots and Moms  
 (TOTAMs) .....SOS .....248-2093

## RECREATION ORGANIZATIONS

Dist 69 Recreation  
 Commission .....248-3252  
 Electoral Area "G" Parks and Greenspace  
 Advisory Committee .....Brian Coath .....752-0862





Errington War Memorial	
Hall Board	Bob Herbison .248-9810
Lighthouse Recreation	
Commission	Kelly Wray .757-9524
Nanoose Bay Recreation	
and Activities Society	Eve Flynn .468-5339
QB Recreation	
Commission	.752-6921

## SENIORS' ORGANIZATIONS

Centres...	
Nanoose Place	Sue Thomson .468-1491
Parksville	Kitty Larner .248-3200
Qualicum Beach	.752-0420
Grand-Buddies	SOS .248-2093
Grandparenting Circle	SOS .248-2093
OAP..	
Lighthouse Senior's	
OAP #152	Lois Nelson .757-9938
Oceanside OAP #49	Isabel Fitzpatrick .248-3542
PGOSA	Barb Brewer .752-3752
Probus...	
Northwest Bay	Mary .468-2351
Parksville	Dave Grant .752-5061
Qualicum Beach	Bronwyn Dimond .757-8750
Senior Games	Emmy Matte .954-2942
John MacLean	.752-9499
Wednesday at Knox	
(WAK)	Yvonne Smith .954-0237

## SERVICE CLUBS

Concorde Masonic Lodge	Terrence Knight .248-4429
Elks Lodge #589	Don Walker .248-4395
Fraternal Order of Eagles	Tony Small .248-3922
Kinsmen Club of Parksville	Jodie Oxford .951-1094
Kiwanis Club	Pat Webber .752-0144
Legion (Royal Canadian)...	
Bowser Branch #211	.757-9222
PV Branch #49	John .248-5633
QB Branch #76	Richard Paugh .752-9632
Lions Clubs...	
Parksville	Duane Round .248-5806
Qualicum Bay	Helmut Severyns .757-2079
Lioness Clubs...	
Parksville	Georgina Gilmour .954-0010
Qualicum Bay	Carole Brown .757-8883
Rotary Clubs...	
Parksville	
-AM	Bill McKinney .248-8654
-Noon	Peter Hann .248-3165
Qualicum Beach	
-AM	Matt Breedlove .752-0794
-Eve	Merv Lloyd .738-0140

## SPECIAL INTEREST GROUPS

Create-Your-Own Initiative	SOS .248-2093
Little Qualicum	
Women's Institute	Janet Atkin .752-1542

Mt. Arrowsmith	
Community Network	Jim Swanson .954-2236
Nanoose Library Centre	.468-9977
Oceanside Film	Carrie Powell-Davidson .248-3699
Oceanside Women's	
Business Network	Valerie Gunn .1-800-665-8404
Tourism...	
Arrowsmith Community	
Enhancement Society	Bill Preston .752-8486
Lighthouse Country	Diane Sampson .757-8775
Oceanside	Luba Plotnikoff .752-2388
Write Place	Liz Campbell .248-4041

## Hobbyists and Clubs:

Amateur Radio...	
Ham Radio	Len Hooper .752-9278
ORCA (Oceanside Radio Communications Assoc)	
Dave Tague	.954-2144
Cards...	
PV Seniors' Drop-in Centre	.248-3200
PV/QB Duplicate	
ACBL Bridge	Eleanor Fletcher .954-1762
Fairwinds Bridge	Dauna Gustavson .468-5826
QB Duplicate	
Bridge	Lorraine Spik .752-8591
QB Friendly Monday Night Bridge	
Gloria Wilcox	.954-0789
Car Clubs...	
BC Vintage Car Club	Clay Thompson .752-9615
Ocean Idlers	Jack Biickert .752-7239
Neil Billings	.248-9390
Seaside Cruisers	Gary Hopkins .752-5800
Chess...	
Youth	Wanda Mahony .752-3005
Coronation Street Club	Linda Cole .954-1154
Dist 69 Darts Assoc	Robin Brett .752-6269
Dog Obedience	Pat Townsend .248-7345
Dist 69	Ted Butler .468-1523
Isabelle Gilmour	.752-9374
Happy Wanderers	
Travel Club	Kit King .248-8870
Historical Societies...	
Dist 69 Historical Society	
Marjorie	.248-3431
Craig Heritage Park	Ben Burns .248-3394
QB Family History Society	
Catherine Proctor	.752-0997
Sally Hemingson	.752-3640
QB Historical	
& Museum Society	Art Skipsey .752-6441
Kids Club	Sandi Vandermolen .752-5513
Mid Island Floral	
Arts Club	Pauline Hargraves .752-1427
Mid Island Pensioners	
& Hobbyists	Hildegard Buschhaus .248-2980
Mid Island Monarchist	
League of Canada	Harry Weatherley .752-1051





Newcomers Clubs...		
Qualicum Beach	Lorraine Wilson	954-2393
Parksville	Diana Meyer	752-4856
PV & Dist. Rock & Gem Club	Marion Barclay	248-6177
PV Heritage Club	Don Levors	248-5117
Parksville/Qualicum		
Aero Club	Fred Evoy	468-5675
PDQ Flyers	Jim Sheppard	248-9437
Toastmasters/Arbutus	Gerda	752-1467
Stamp Collecting		248-3252
University Women's Club	Dorothy Sly	752-6117

## Outdoor and Wildlife:

Arrowsmith		
Ecological Assoc	Janet Chomolok	248-2894
Arrowsmith Naturalist Club	Roger Simms	752-0445
Arrowsmith Search & Rescue		
	Ken Neden	951-0304
Brant Wildlife Festival Office		752-9171
Camping...		
Bowen Twilight Campers	Marie Swithin	758-7807
Descanso Bay Regional Park		247-8255
Horne Lake Regional Park		927-0053
Tribune Bay Outdoor		
Education Ctr	Gordon Campbell	335-0080
Farming...		
Arrowsmith Agricultural Assoc		
	Janet Boley	752-9757
	Doreen Patterson	752-9366
Harvest Bounty		
Festival Society	Barbara Ebel	468-2332
Fish & Game Assoc.	Larry Blair	752-0726
Archery	Miles Johnston	248-4702
French Creek Hatchery	Pete Redford	752-6388
Handgunners	Gerald Ozero	468-9062
Small Engines	Grace Key	752-3588
Trap & Skeet	Dianne Upper	757-8320
Youth Shooters - Rifle	Graham Alexander	752-1855
- Shotgun	Bill Simpson	335-2222
Fisheries...		
Nanoose First Nations		755-2087
4-H Clubs...		
Beef /Dairy	Don Brittain	752-6460
Horse	Barbara Flynn	248-2638
Odd Stock	Rose Brittain	752-6621
Poultry & Swine	Rose Brittain	752-6621
Rabbit	Susan Gock	248-9816
Sheep	Adele Cave	752-8820
Garden Clubs...		
Arrowsmith Rhododendrons	Ron McMaster	954-3210
Central Vancouver Island		
Orchid Society	Mike Miller	248-3478
Eaglecrest Garden Club	Joan Elrick	954-0651
	Kevin Clayton	248-9373
Mid Island Community		
Garden Association	Donna MacPherson	248-3788
Nanoose Garden Club	Jackie Hall	468-9260
QB Garden Club	Joan Elrick	954-0651

Mount Arrowsmith Biosphere Foundation		
	Glen Jamieson	248-5593
North Island Wildlife Recovery Centre		
		248-8534
Power and Sail Squadrons...		
Ballenas	Reg Whynott	757-8026
Nanoose Bay	Lynda Matt	248-2992
Streamkeepers...		
Lantzville	John Dunn	390-4229
Nile Creek		
Enhancement Society	Rod Allan	757-9384
PV Carol Cornish		248-8402
QB	Faye Smith	752-9297
The Nature Trust of BC	Tim Clermont	751-3218
Yachting...		
Deep Bay Club	Nelson Eddy	757-2036
Schooner Cove Club	Tom Duncan	468-5761

## Youth Clubs:

Alateen Joyce		757-2098
Beavers/Cubs	Mary Ellen Campbell	752-0868
	Cheryl Briggs	752-5516
Scouts/Ventures	Gordon Buckingham	468-5612
Scouts & Guides BP Guld	Alice Hay	248-9675
Cadets...		
Air Cadets	Reg Johanson	248-9190
Navy League Cadets	Carol Calder	248-2693
	Headquarters	248-2677
Sea Cadets	Headquarters	248-2677
Expressions	SOS	248-2093
4-H Clubs	See Outdoor and Wildlife	
Girl Guides of Canada		
Arrowsmith West Dist	Hiram Gunn	954-0858
Arrowsmith East Dist	Miriam Gunn	954-0858
Girl Talk SOS		248-2093
Guy Time	SOS	248-2093
Kids Club		
Christian Fellowship Church	Sandi Vandermolten	752-5513
Oceanside Youth Employment		
Office (OYE)		248-3205
Sewing...		
Kids Can Sew	Lori Murphy	248-0320
Teen Time	SOS	248-2093
Young Naturalists' Club		
of BC	Valerie Tinney	468-7556
Youth Gang Reporting Line		1-800-680-4264

## SPORTS AND FITNESS GROUPS

Badminton...		
Ladies Afternoon Club	Mary Spark	468-7194
Lighthouse Adult	Bob Hunt	757-8307
Nanoose Bay	Eve Flynn	468-5339
Parksville	David Feaver	248-8857
Ball...		
Baseball...		
Mid Island Sr. Mens	Don Svensen	752-2494
Oceanside Minor Baseball ..		
	Barry Genoe	752-1371
Royals	Clyde Inouye	248-8295
	or	248-2038



Softball...	
Dist 69 Mixed	
Masters Ortho	.....Bruce Finnegan .....752-1288
Dist 69 Mixed Ortho	.....Todd Fence .....954-3499
Dist 69 Slo-Pitch	.....Tim Desmarais .....954-8337
Dist 69 Minor Softball	
	.....Patrice .....248-2042
Women's Ball	.....Recreation & Parks .....248-3252
PGOSA PQ	
Rep Team 55+	.....Frank Frawley .....248-3981
Rep Team 65+	.....Clarence Murray .....757-9218
Seniors Slo-Pitch	.....Bill Dalling .....752-3547
Basketball...	
Oceanside Tsunami	.....Jim Putz .....752-2186
Recreation and Parks	.....248-3252
Bowling...	
Carpet...	
Lighthouse	.....Layne .....757-8217
Nanoose Bay	.....John Anderson .....758-3311
Qualicum Beach	.....Maggie Harrison .....752-1156
Five & Ten Pin...	
PGOSA 55+ 10 pin	.....Marilynn Scott .....752-8584
PGOSA 55+ 5 pin	.....Sheryl Savage .....752-8877
Sunset Lanes	.....248-6411
Lawn...	
Parksville	.....Gloria Wilcox .....954-0789
Qualicum Beach	.....Sylvia Taylor .....752-1660
Visually Impaired	.....Peter Giesbrecht .....248-4489
Boxing...	
OYA Women's Kick	.....Deborah Robinson .....757-2362
Climbing...	
Little Mountain Climbing Wall	.....248-5721
Cricket...	
Arrowsmith	.....Oliver J.R.M.Perumal .....752-8408
Croquet...	
PV/QB Club	.....Paul Hall .....248-5870
Curling...	
Ice...	
Parksville Club	.....Joyce Weeks .....248-0089
PGOSA 55+ (wkly)	.....Stan Nestibo .....248-8711
PGOSA 55+(mthly)	.....Peter Kucey .....752-0103
Qualicum Beach Club (Sep-Mar)	.....752-6162
Floor...	
PGOSA 55+	.....Hasper White .....752-9235
Cycling...	
Arrowsmith Mountain Bike Club	.....248-5575
Erik Goetzinger BMX	.....Leanne Parsons .....752-3291
PV Bike Advisory	.....Gayle Jackson .....954-4660
PGOSA 55+	.....Al Lycan .....468-5633
Dragon Boat Society	
Abreast of Life	.....Pam Dellert .....248-2771
Fitness...	
Aerobics...	
Nanoose Bay	.....Pam Dellert .....248-2771
Parksville	.....Liz Moore .....248-4116
	.....Kitty Larner .....954-3648
P/Q (Silver Foxes)	.....Diana Lockwood .....248-3161
Qualicum Beach	.....Recreation & Parks .....248-3252
Aquacize...	
Bayside	.....Patrice .....248-6864
	.....Jana .....752-0867
Ravensong Aquatic Ctr	.....752-5014
Sports Conditioning..	
	.....Pam Dellert .....248-2771
	.....Donna Doucett .....248-6394
Osteofit	.....Pam Dellert .....248-2771
Therapeutic	.....Sheila Sutton .....752-5858
Fitness Centres & Equipment...	
1 on 1/Fitness	.....752-0783
Beach Acres	.....Marilyn .....248-3424
Bayside Inn	.....Patrice .....248-6864
Body Basix	.....927-0061
Bodysculptors	.....Deanne .....752-5553
Fitness Connection	.....248-3144
French Creek Sports Ctr	.....248-3998
Fairwinds Centre	.....Amy .....468-5303
Visions Fitness	.....Helen Duggan .....390-9223
Football...	
Flag Football (PV)	.....Harold Barker .....954-1156
Oceanside Youth	.....Sean Hines .....248-9727
Golf...	
Mini...	
Paradise Turf & Surf	.....248-6612
Rip Tide Lagoon	.....248-8290
Riverside	.....Robin .....752-9544
Public...	
Arrowsmith	.....752-9727
Eaglecrest	.....752-6311
Fairwinds	.....468-7666
Pheasant Glen	.....752-8786
Morningstar	.....248-8161
Qualicum Beach	.....752-6312
Gymnastics	.....Recreation & Parks .....248-3252
Hiking...	
Island Mt Ramblers (PV)	.....Earl Morton .....752-5625
PGOSA 55+	.....Jack Hotson .....248-5599
Women Only	.....Jill Steff .....248-8742
Hockey...	
Ball...	
Recreation and Parks	.....248-3252
Ice...	
Drop-in	.....Oceanside Place .....248-3252
Junior "B"	.....Tom Eardley .....951-0885
Oceanside Minor Hockey	
	.....Debbie Turney .....468-7459
Over 28's	.....Matt Woods .....248-6141
Over 45's	.....Dave Feaver .....248-8857
Old Timers	.....Rob Deleau .....248-3338
Mike Pimlott	.....248-0413
Premier League	.....Matt Woods .....248-6141
PGOSA Panters. . .	
55+	.....Neil Westmacott .....468-7004
60+	.....Moe Roy .....954-3548
65+	.....Al Greir .....468-5652
70+	.....Hugh Ashworth .....752-0885
Women's...	
Seagals	.....Donna Doucett .....248-6394



Shadowmakers . . . . .Louise Clarke . . . . .954-0876	Association (ORCA) . . . . .Brenda Light . . . . .248-0461
Recreational . . . . .Recreation & Parks . . . . .248-3252	. . . . .Kim Longmuir . . . . .248-8515
Nanaimo League . . . . .Carolyn Pickett . . . . .247-0088	Women's Pace . . . . .Judith or Kim . . . . .927-7223
Floor...	Triathlon...
Men's (Lighthouse) . . . . .Kevin Ball . . . . .757-8423	Aqua Terra . . . . .Harry McLaughlin . . . . .954-1212
Recreation and Parks . . . . .248-3252	Clinics . . . . .Doug Pickard . . . . .951-0061
Horseback Riding Lessons . . . . .Wendy Walker . . . . .752-2980	QB . . . . .Leslie Riva . . . . .752-6840
Money Pit Meadows . . . . .Amber Van Duin . . . . .752-4556	Sailing...
Willow Pond Stable . . . . .Sarah . . . . .752-8822	Bradbrooke Academy . . . . .Leanne or Tom . . . . .951-2110
Horseshoes...	Oceanside Charters . . . . .468-9244
PGOSA 55+ . . . . .Len Peterson . . . . .468-9131	Scuba Diving...
Kayak...	PV Dive College . . . . .Trud Wengatz . . . . .951-0234
Seadog Kayaking . . . . .Cliff &	Recreation and Parks . . . . .752-5014
. . . . .Laura Herman . . . . .468-5778	Skateboard...
Seaside Charters . . . . .Donn Manness . . . . .757-2000	VI Adrenalin Games . . . . .Duane Round . . . . .248-5806
Sunstar Kayaking . . . . .Tom Marshall . . . . .951-0350	Skating...
Kickboxing . . . . .Oya . . . . .757-2362	Oceanside Place . . . . .248-3252
Lacrosse...	Sandy Shores Club . . . . .Ext. 365 . . . . .248-3252
. . . . .John Wall . . . . .248-6249	Skating Power...
Women's . . . . .Jessica Ransom . . . . .1-778-999-9344	. . . . .Heath Dennison . . . . .756-5896
Martial Arts...	Soccer...
Chi Gong . . . . .Helen Duggan . . . . .390-9223	Dave Evans Soccer School . . . . .752-1897
Iai-do . . . . .Peter Gunstone . . . . .248-5474	Oceanside Youth Soccer . . . . .248-4100
Karate..	Oceanside
Kado Martial Arts . . . . .M & C Nicholson . . . . .248-7544	United Mens Soccer . . . . .John Lee . . . . .468-1822
Oceanside Martial Arts . . . . .	Senior Men's . . . . .Rod Morrison . . . . .752-1120
. . . . .William Peppy . . . . .248-4951	Special Olympics . . . . .John Lerner . . . . .752-0429
Shima Karate . . . . .Rick Marshal . . . . .248-2155	Squash (adult/junior) . . . . .Patrice . . . . .248-6864
Mixed Martial Arts . . . . .Body Basix . . . . .927-0061	Swimming...
Pilates...	Clubs...
. . . . .Helen Duggan . . . . .390-9223	Masters Swim Club . . . . .David Kazakoff . . . . .752-0017
. . . . .Sandra Acton . . . . .752-1749	Ravensong Aquatic Club . . . . .Jean Paetkau . . . . .954-0274
. . . . .Donna Doucett . . . . .248-6394	Ravensong Water Dancers
Mat Work . . . . .Liz Moore . . . . .248-4116	Synchro Club . . . . .Robin . . . . .468-7826
Pool..	. . . . .Shelley . . . . .752-8945
PV Ladies . . . . .Sondra Mawdsley . . . . .752-6701	Pools...
QB Ladies . . . . .Jill Steff . . . . .248-8742	French Creek . . . . .248-3998
Racquetball..	Ravensong Aquatic Ctr . . . . .752-5014
French Creek Sports Ctr . . . . .248-3998	Riverside . . . . .752-9544
Riding...	Tae Bo . . . . .Murray Fee . . . . .954-3359
Errington . . . . .Becky Martens . . . . .248-9369	. . . . .Leann . . . . .248-4439
ETRA- Therapeutic	Tae Kwon Do . . . . .Murray Fee . . . . .954-3359
Riding Assoc . . . . .Pat . . . . .954-2133	Nanoose Place . . . . .Derek Hall . . . . .720-5518
Money Pit Meadows . . . . .Amber Van Duin . . . . .752-4556	Tai Chi..
Pony Club . . . . .Howie Thomas . . . . .468-7247	Ability Balanced
Sherwood Riding Stables . . . . .April Walz . . . . .752-3527	Learning . . . . .Sherry Konigsberg . . . . .954-3452
Silver Spur Riding Club . . . . .Joe Kinch . . . . .954-0433	Coastal . . . . .Vi Harrison . . . . .248-3808
Ringette...	. . . . .Lucette Fuerst . . . . .468-9048
. . . . .Jennifer Collette . . . . .954-1397	Parksville . . . . .Keith Jeffrey . . . . .468-9950
Rock Climbing...	Nanoose Bay . . . . .Joy . . . . .468-5263
Little Mt Climbing Gym . . . . .Allen Halverson . . . . .248-5721	Qualicum Beach . . . . .Nick Koelewyn . . . . .752-6649
Running...	Recreation & Parks . . . . .248-3252
Clinics . . . . .Doug Pickard . . . . .951-0061	Ways to Wellness . . . . .Colin and Irene Way . . . . .248-3064
. . . . .Kim Longmuir . . . . .248-8515	Women's/Girls Style . . . . .Sherry Konigsberg . . . . .954-3452
. . . . .Laurie Ritchie . . . . .248-4455	Tai Ki . . . . .Lauren Kalf . . . . .248-3695
Events...	. . . . .William Peppy . . . . .248-4951
Oceanside 10k . . . . .Rhys Harrison . . . . .468-5466	Table Tennis . . . . .Norm Stubbings . . . . .752-7285
Summer's End 10k . . . . .John Manoin . . . . .248-1089	Tennis...
Oceanside Running Club	Arrowsmith Tennis Club . . . . .Judy Wood . . . . .752-6809



Bowser Tennis Club	Joan Gamble	.757-8818
Qualicum Beach	Lilian Bethel	.752-8396
Schooner Cove		.468-7691
Track & Field...		
Oceanside	Kim Longmuir	.248-8515
	Ray Riva	.752-6840
Ultimate Frisbee	Diana	.248-4660
Umpires...		
Dist 69 Softball	Mike Morton	.248-4936
Volleyball...		
Beach Volleyball	Shane Hyde	.248-3827
	Patrice	.248-6864
Dist 69 League (Adult)	Mike Hill	.248-8942
	Maxine Genoe	.752-1371
PV Volleyball	John Philip	.752-9383
Walking Clubs...		
Mid-Island Volkssport	Tom Constable	.752-7812
Qualicum Beach	Myra Davis	.752-4480
	Gail Courtice	.752-1627
Wallyball...		
Bayside	Patrice	.248-6864
French Creek Sports Ctr		.248-3998
PV/QB League	Tim Desmarais	.752-2719
Yoga...		
Ashtanga/Power	Penny McGuire	.951-3388
Ayurveda	Andrea Webber	.954-1786
Hatha	Helen Duggan	.390-9223
	Maureen Coull	.752-3824
	Carol Ann Nussey	.752-7583
	Holly Yates	.752-3994
	Irene Marsh	.248-9475
	Donna Frawley	.248-3981
	SOS	.248-2093
	Theresa Whitely	.240-3075
Iyengar	Pip van Nispen	.248-6359
	Darlene Kellet	.248-2151
	Theresa Whitely	.240-3075

The Recreation and Parks Department provides this space as a community service. The groups listed here are responsible for updating their own information, and should call 248-3252 or email [recparks@rdn.bc.ca](mailto:recparks@rdn.bc.ca) when changes occur.



## Department Staff

### \*Messages (see below)

#### *Oceanside Place (248-3252)*

Tom Osborne <i>General Manager Recreation and Parks</i>	225
Mike Chestnut <i>Arena Supervisor</i>	226
Debbie Couturier <i>Arena Program Secretary</i>	239
John Marcellus <i>Facility Operator</i>	234
Dan Porteous <i>Manager Recreation Services</i>	241
Marilynn Newsted <i>Recreation Program Secretary</i>	222
Cathy MacKenzie <i>Recreation Programmer</i>	227
Colleen Douglas <i>Recreation Programmer</i>	224
Jennifer Merner <i>Recreation Programmer</i>	230
Christina Haight <i>Recreation Programmer</i>	245
Tracy Stuart <i>Recreation Programmer</i>	242
Wendy Marshall <i>Manager Parks Services</i>	251
Jeff Ainge <i>Parks Supervisor</i>	231
Joan Michel <i>Parks and Trails Coordinator</i>	243
Jonathan Lobb <i>Parks Technician</i>	246

#### *Ravensong Aquatic Centre (752-5014)*

Tony Toriglia <i>Aquatic Supervisor</i>	223
Melinda Burton <i>Aquatic Program Secretary</i>	222
Anne Porteous <i>Aquatic Programmer</i>	224
Todd Kilback <i>Facility Operator</i>	234

*\*If at any time the answering machine responds to your call you may reach any of the above staff or leave a message by dialing their corresponding number.*



**The friendly staff  
at Oceanside Place  
and Ravensong  
Aquatic Centre**



## Recreation for People with Disabilities

The Recreation and Parks Department works together with our community to ensure greater inclusion for people with disabilities in recreation programs. We have people who can provide support to individuals in our programs, whether it is minimal or one-to-one. There is no charge to the participant. If you, or someone you know requires support please let us know in advance of the program.

If support is arranged privately to assist someone with a disability during a swim or skate session, the assistant is admitted at no charge. It is expected that the assistant will be present alongside the participant for the duration of the activity. If you have any questions about assistants for people with disabilities, please give us a call.

We are open to suggestions on adapting our programs and/or facilities to meet individual needs. Together, we will work to provide the best program and service possible. Call us at 248-3252 or 752-5014 for more information about our support services for people with disabilities.

# Registration Starts Today!

5 easy ways to register!

1.  **PHONE-IN**

2.  **WALK-IN**

3.  **FAX-IN**

4.  **MAIL**

5.  **EMAIL**

## We are waiting to serve you!

Registration & Office Hours

September - February

### **OCEANSIDE PLACE**

Mon-Fri 8:30am-9:00pm

Sat-Sun 9:00am-9:00pm

### **RAVENSONG AQUATIC CENTRE**



Mon-Fri 8:30am-9:00pm

Sat 9:00am-9:00pm

Sun 10:00am-9:00pm

*NOTE: Office hours are subject to change without notice depending on the season, statutory holidays and programs/events.*

## Please be sure to have the following ready when registering:

- Course name and code
- Doctor's name and phone number
- Registrant's birthdate and personal health care number
- Information regarding allergies or disabilities for registrants
- Cheque payable to the Regional District of Nanaimo
- Your  or  number and expiry date

### **General Registration Policy:**

1. All registrations are processed on a first-come, first-serve basis.
2. Pre-registration is required for all classes except when specified as a drop-in class.
3. The Recreation and Parks Department reserves the right to cancel any programs.
4. If you have not received a receipt prior to the class start date, please call to confirm registration.
5. Please read confirmation receipts carefully for information on dates, times, supplies, etc. Thank you!

### **REFUND POLICY:**

If for any reason you are dissatisfied with any of the program services you receive you may request a refund.

Refund cheques will be issued on a full or pro-rated basis by the Regional District of Nanaimo.

Please allow 2-3 weeks for processing.

# Recreation and Parks

Serving you in two locations



### **OCEANSIDE PLACE**

PHONE: 248-3252 FAX: 248-3159

830 West Island Highway

Parksville, BC V9P 2X4



### **RAVENSONG AQUATIC CENTRE**

PHONE: 752-5014 FAX: 752-5019

737 Jones Street

Qualicum Beach, BC V9K 1S4

### **EMAIL**

recparcs@rdn.bc.ca

### **WEBSITE**

www.rdn.bc.ca