

June 29, 2021

Cooling Centre at Oceanside Place Arena to Provide Relief During Heat Wave

The Regional District of Nanaimo (RDN) will again open Oceanside Place Arena Victor Kraatz Rink as a cooling centre to provide people with temporary relief from the predicted record-breaking temperatures. The cooling centre will be open on Tuesday, June 29 from 1 p.m. to 5 p.m. Signage will be in place to direct all visitors to the building. Bottled water will also be available.

The capacity of the cooling centre will not be limited to 50 people at a time, as capacity limits do not apply to cooling centres under the latest Public Health Order. No one will be turned away.

In addition to the cooling centre, the RDN has provided bottled water to Mount Arrowsmith Salvation Army to distribute throughout the week to all visitors to the soup kitchen. RDN Transit Road Support Agents also have bottled water in their operation vehicles and will offer water to anyone in need in the transit system.

A heat warning has been issued when daytime temperatures are above 35°C for two consecutive days and overnight temperatures remain above 18°C. These continued high temperatures put many vulnerable populations at risk of heat-related illnesses, including the elderly, infants and young children, pregnant women, people with chronic illness and people experiencing homelessness. Residents are encouraged to check on neighbours and loved ones who may be unable to leave their homes or whose judgement may be impaired.

For tips on heat safety as well as symptoms and treatment for heat-related illness, visit islandhealth.ca.

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For more information, please contact:

Regional District of Nanaimo

Oceanside Place Arena

 Emergency Services- 250-390-4531

Parksville/Qualicum- 250-954-1001

Get Involved RDN!