

Residents Encouraged to Participate in The Great British Columbia ShakeOut

The Regional District of Nanaimo (RDN) encourages residents to Drop, Cover and Hold On in The Great British Columbia ShakeOut on October 20, 2022 at 10:20 a.m. RDN facilities will be holding earthquake emergency drills and RDN transit buses will be pulling over to take part. British Columbia is considered high risk for earthquakes and ShakeOutBC is an opportunity to practice how to be prepared during an earthquake.

Participating in ShakeOutBC at home, school or the office is easy. Follow these simple steps to take part:

Plan Your Drill:

- Register at shakeoutbc.ca to be counted, get email updates and more.
- Have a Drop, Cover and Hold On drill on October 20 at 10:20 am.
- Discuss what you learned and make improvements to your emergency plan.

Be Prepared for Earthquakes:

- Ensure you have the necessary supplies; you may need to remain in place for at least 72 hours or up to a week after an earthquake.
- Do a “hazard hunt” for items that might fall during an earthquake and secure them.
- Create a personal or family disaster plan using the downloadable workbook at rdn.bc.ca/emergency-preparedness-workbook.

An important part of being prepared for an emergency is staying informed. One way to do this is by subscribing to the RDN’s emergency notification system, [Voyent Alert](https://rdn.bc.ca/voient-alert), at rdn.bc.ca/voient-alert. In an emergency, you will be notified by text, email, app or phone about what to do, where to go and what to be ready for. On October 20 at 10:20 a.m., there will be a test of the Voyent Alert system. Registered users will get an alert to drop, cover and hold on!

We encourage all residents to review their home emergency plans, practice drills with family members and to learn more about how to be prepared for an earthquake. Now is also a good time to:

- Update your grab and go kit.
- Create or review your own home emergency plan.
- Talk to your neighbours about a neighbourhood emergency plan.
- Pack up an Earthquake Kit with food, water, extra clothing, sturdy shoes and other necessities found at rdn.bc.ca/emergency-preparedness.
- Update your out-of-town emergency contacts.
- Make an Emergency Pet Plan using resources available at rdn.bc.ca/emergency-planning-for-your-pet.


Get Involved RDN!


For more information on what to do during an earthquake, how to prepare your family and more, visit shakeoutbc.ca or rdn.bc.ca/be-earthquake-ready. To learn about emergency preparedness in the RDN, visit rdn.bc.ca/emergency-services.

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For more information, please contact:

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