

Oceanside Health and Wellness Network

Circle of Partners Minutes,
July 16th, 2020 3:00-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA)	X Analisa Blake (Island Health)*
✓ Gerry Herkel (FORA)	X Esther Pace (Island Health)*
✓ Susanna Newton (SOS, OTFH)	X Kristen Grovum, (Island Health)*
✓ Jane Osborne (Community Response Network)	✓ Courtney Simpson, (RDN)*
	✓ Jane Vinet (OHWN Coordinator)
	✓ Myra Rogers (Administrative Assistant)

Welcome and Introductions

Jane O chaired the meeting and welcomed everyone. She asked everyone to share an act of courage that they have experienced during the COVID-19 situation.

Review of Minutes

The Minutes from the June meeting were approved.

Review of Actions from June meeting

Actions were reviewed, see Actions sheet.

Review and approval of Agenda

An item about Mental Health was added to the Agenda if time allowed.

Action Groups/Standing Report:

Child Wellness Group (CWG) – The CWG had a meeting on June 30th. They spent most of their time talking about their forum. They will be meeting next week and will be starting tentative planning for an October forum. They want to use the COVID lens to look at mental health in children because of COVID-19.

Seniors Planning Table (SPT) – This group met on Zoom on June 17th. Their original plan was to go to remote locations to connect with seniors, but the COVID-19 situation has changed their plans. The group spend time discussing ideas and have been emailing ideas since the meeting. Their next meeting is on July 21st.

The grant that was given to the SPT was originally going to be used for promotional material including a sandwich board for display. It is now under discussion again. They have until the end of 2020 to spend the money.

CRN – There is no update on the funds given to OHEARTS.

The CRN representative shared news of upcoming initiatives. Information will be circulated to CoP members.

We need a Coordinator for the Oceanside CRN and we also need to update the contact lists within the next 2 weeks. Jane will meet with CRN representative to work on this.

CRN 101 – This will be included as part of a network event instead of at CoP.

Actions:

- Jane to meet with CRN representative to update contact lists for CRN by end July
- Coordinator for Oceanside CRN to be named

Coordinator Update

Jane V sent out the Coordinator's Report to CoP members prior to this meeting. There were no questions from CoP members, and no requests for expenditure over \$200.

Jane informed the CoP members that she had attended a virtual First Nations Rural Health & Wellness Summit and will bring a report for the next CoP meeting. She also attended a virtual Public Health summit last week.

Social Needs Assessment: Reducing Poverty in the RDN

After planning this for some time the RDN have now received a grant to proceed with this project. How can OHWN be a part of this and support this project? Poverty reduction goes hand in hand with the social determinants of health. Jane V wondered if getting involved in this project could be a way to revitalize/relaunch the OHWN network. We could hold a forum around poverty reduction in Oceanside. The RDN will be hiring a consultant to take the lead on the project. It was noted that the City of Parksville is not included in the list of participants; they are the only municipality who declined to be involved. Although the city may not be involved directly, they are a part of the RDN and Parksville will therefore be included in the discussions.

This is a huge opportunity for OHWN to become involved and create lots of connections. CoP members agreed to take a role in this.

The RDN will keep us informed of progress and will have more information at our August meeting. We will put this as a standing item on our CoP agendas.

Decision:

- CoP want to be a partner in doing this work within the Oceanside community

Actions:

- To discuss further at our August CoP meeting
- To put on the CoP agenda as a standing item

Network Forum Topics

There was discussion around the planning of a network forum. Jane V suggested that we could start our first Community Engagement Forum as a Poverty Reduction Strategy forum to bring people together.

This would tie in with the priorities of the Child Wellness and Seniors action groups. We are aware that COVID-19 has forced us to become more aware of our vulnerable populations; this gives us a great opportunity for dialogue. It would also be a great opportunity to draw in new members for CoP.

Jane V suggested that this network forum could take place online in mid/late September, after the schools go back. It would be held on Zoom, with breakout groups.

Comox Valley Health Network recently did a similar meeting with breakout groups; Jane V will connect with them and find out more.

Actions:

- Plan for network meeting in September
- Further discussion/planning in our August meeting
- Jane V to talk to Comox Valley Health Network about setting up/running Zoom meeting with breakout groups

Acknowledgement for Action Group members who leave

One involved member of our Seniors Planning Table recently stepped down. It was asked whether we do anything to acknowledge action group members who leave. It was agreed that this would be a good practice. Jane V will write and thank him for his involvement.

Next meeting

Next meeting will be on August 20th at 3pm – 4.30pm, on Zoom. Jane V will send out an invitation. Gerry will be facilitating that meeting. Agenda will be mostly focused on discussion/planning for Network Community Forum in mid/late September.