

RDN Recreation Program Protocols (Updated January 2021)

General:

Until further notice all programs will require pre- registration.

Virtual programming will continue to be offered <https://www.getinvolved.rdn.ca/rec-connect>

High intensity exercise programs are only being offered virtually until current Public Health Orders change.

Communication to participants:

Participant expectations are noted on the www.rdn.bc.ca/recreation homepage and linked to the ActiveNet registration landing page.

Signage will be posted at program sites to encourage and remind participants of physical distancing and self-determination of symptoms, and the requirement of wearing masks.

Expectations of physical distancing and self-determination of symptoms and exposure will be noted in marketing materials, as appropriate.

Whenever possible, participants will be sent a reminder email regarding the program specific expectations prior to the first session.

All participants will be required to sign a COVID-19 risk assumption/informed consent document. These signed documents will be collected by department staff and contractors.

Cleaning:

All hard surfaces and high touch points will be cleaned twice a day at a minimum i.e. tabletops, chairs, door handles, sink handles.

Participants will be encouraged to bring their own water bottles. Public drinking fountains have been inactivated; refill stations are available at Oceanside Place.

Use of shared equipment will be minimized wherever possible. Equipment that is shared will be cleaned between use and efforts will be made to limit the use of such items.

Physical Distancing

Program participant maximums and program spaces have been selected to ensure Provincial requirements regarding physical distancing can be achieved. We ask participants to work with program instructors/leaders to ensure physical distancing is maintained i.e. during low intensity programs participants will maintain a 2.5m distance from others while exercising.

Please do not congregate before or after programs in public areas within the facility. Arrive on time for your program and exit the facility once program ends.

Floor markings will be used where possible and necessary i.e. directional arrows in program spaces, demarcation of where to stand while lining up, 'no go zones' etc.

If a participant develops symptoms while at a program they will be isolated in a separate room/area if possible, from others until arrangements to get home can be made.

Programs will be planned on the concept of cohorts i.e. program groups will be kept separate as much as possible while using shared facilities.

Exterior doors/windows to program areas will be propped open as much as possible when safe to do so.

Personal Hygiene and Protective Equipment

It is required that participants (12 years and older) and instructors/leaders wear a mask while participating in all indoor programs.

Masks must be worn when NOT exercising (i.e. during fitness programs). Masks are encouraged to be worn during exercise, but it is not required.

We encourage children between 2-12 years of age to wear a mask while attending programs. Participants 2 years and younger are not required to wear a mask.

People who are unable to wear a mask due to a health condition or a physical, cognitive or mental impairment, and people who are unable to put on or remove a mask without the assistance of another person are exempt from mask requirements. People who are unable to wear a mask must maintain at least 2 meters distance when inside facilities.

Instructors must always wear masks unless they are exercising or are in the 2.5x 2.5m 'instructor area'.

Hand sanitizer will be provided at the entrance of all program spaces. Where sinks are available hand soap will also be provided.

As per WorkSafe requirements instructors will have access to required PPE.

Inclusion workers working with clients with a need for physical contact will be required to wear gloves and a mask while working within the 2m distance.

During park-based day camps or when away from day camp base location leaders will carry hand sanitizer.

Day Camp Protocols

Day camp maximums have been lowered to 10 campers with an allowance for two additional inclusion campers as necessary. This maximum is subject to change.

Day camp program schedules will be developed with the focus on spending as much time outside as possible throughout the day

Camp groups (cohorts) will not intermingle i.e. no camp wide day, no merged field trips, and no shared gymnasium use.

Leader staff will remain as consistent as is possible for the duration of a program.

We ask that Parents/Caregivers have a plan in place that will allow for a timely pick up should a camper displays symptoms while at camp i.e. an emergency contact on standby.

Camp drop off and pick up procedures have been developed to reduce the need for parents/caregivers to line up or congregate

Camp drop off/pick up will happen outside to reduce the number of people coming in and out of the space.

For camp settings camper check in will include a verbal reminder of expectations and requirement regarding symptoms or exposure.

All visitors to the camp who stay on site for more than 10 minutes will be documented in order to assist with any future required tracing should an outbreak occur i.e. presenters, substitute leaders, senior staff

Campers will wash their hands at the start of the day, between activity rotation, before and after play on any playground structures, prior to eating, and before leaving for the day

As much as possible food will be consumed outside with campers sitting a minimum of 2m apart.

Food will not be shared, and food preparation will not be part of any activity.

For our camps and other programs for children, we will not be enforcing physical distancing amongst the children.

For more information regarding the risks associated with COVID-19 for children, please review the following:

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-response-covid-19/child-care-response-covid-19-provider/child-care-response-covid-19-health-safety?keyword=Childcare&keyword=settings>