

Oceanside Health and Wellness Network

Circle of Partners Minutes,
December 17th, 2020 3:00-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA, SPT)	X Analisa Blake (Island Health) *
✓ Gerry Herkel (FORA, CWG)	X Courtney Simpson, (RDN)*
X Susanna Newton (SOS, OTFH, SPT)	X Natasha Dumont, Island Health*
✓ Jane Osborne (CRN)	✓ Jane Vinet (OHWN Coordinator)
X Joanna Salken, Island Health	✓ Myra Rogers (Administrative Assistant)
✓ Elaine Young (SD 69)	
✓ Scott Harrison (QB Council)	

Welcome and Introductions

- Gerry chaired the meeting.

Review and approval of Agenda

- Two items were added to the Agenda: 1. Discussion of merging LAT with CW Action Group and 2. Feedback from Gerry and Jane's Recruitment Strategy meeting.

Review of Minutes

- The Minutes for November were approved with one change; Elaine Young should have been noted as representing the Parksville AM Rotary.

Review of Actions from November Meeting

- Some items are still deferred until a later date. Gerry pointed out that Jane should not be doing everything, and CoP members should step up and do what they can.
- Gerry also stated that he understood that Myra's workplace want to have her working full-time and that we should be looking to recruit someone to the Minutes/Agenda etc. going forward. Jane clarified that she understood that this would be after the contract finishes in March. Jane suggested that VIU practicum students could cover this work instead of renewing the contract for an Admin Assistant. It was also pointed out that local colleges may have Administrative Assistant students who would appreciate the chance to practice what they are learning.

Action Groups/Standing Report:

CRN – Jane O shared that the LGBTQ initiative long term care training project is now finished and has gone extremely well. She will be sending out a poster with dates for upcoming events. Jane could not bring an update on the grant status re Food Security since Susanna is absent.

Child Wellness Group (CWG) & Discussion of merging LAT & CWG – This group met this week. The main discussion was around the possibility of the Local Action Team (LAT) merging with the CW group. The two groups feel that there would be advantages in merging, especially as several people are members of both groups and the focus is similar. One difference is that the focus would change from the First 2000 Days (Early Learning) to conception to 24 years. The members of both groups are in

favour, but CWG require the approval of the CoP to proceed. Gerry recommended that CoP support the merger.

The two groups had four questions for the CoP.

1. In terms of membership, could they have a say as to who could join the group.
CoP members had some concerns around making restrictions, since OHWN is about inclusivity and community. Joining together helps to break down silos. There was a feeling that CoP wanted to understand why they were asking this; is it to stop duplication?
2. The name of the merged groups would change to 'Child & Youth Action Group'.
CoP members were in approval of the name change.
3. Could the new group have autonomy over any funds they applied for, rather than going through CoP?
CoP members felt that if the group applied for funds they should be able to spend it as they wish.
4. Oceanside LAT has Terms of Reference that would apply to the new group. Jane will share these with the CoP. Let Jane know if there are any concerns.

Jane and Gerry have been invited to attend the January meeting of the LAT on January 19th and will be able to ask/answer questions at that meeting. CoP members agreed in principle to the merging of the two groups, firm decision to be made following that meeting.

The other information brought forward from the CWG meeting was that Helene (of CWG) had been introduced through Analisa Blake to a group at UBC who are doing research on Early Childhood Development. They met with Helene to find out more about the First 2000 Days project and what has been happening in Oceanside. They want to work with us as a part of their study. They were particularly excited to know how far Oceanside have got in forming partnerships and collaboration. It was agreed that CoP will invite Helene to come and share more information about this.

Jane pointed out that the pillars of the First 2000 Days (Nutrition, Trauma & Learning) actually affect all ages and she is going to have the CWG present to the Seniors Planning Table in the new year. These 3 pillars should be what we focus on.

Scott shared some data regarding Oceanside and the prevalence of Mental Illness, Overdose and Homelessness in our community. He also pointed out that we need a better 'point in time' homeless count that more accurately reflects the numbers of people in our area affected by homelessness.

Seniors Planning Table (SPT) – no update, since Susanna was absent.

Perfect Storm (PSG) – Marlys reported that the Perfect Storm group have met with the new Nurse Practitioner group in Qualicum Beach. They are just getting set up and taking on patients. Currently they are in a temporary location and looking for somewhere more permanent.

The PSG will be meeting in January to talk about their direction. They may expand with Mental Health; they are aware that this is affecting every age and every financial bracket, and Mental Health challenges are increasing with COVID.

The group has been following what Sharon Welch and Forward House are doing in Parksville, and Marlys feels that OHWN should be connected again with Sharon. She has spoken with her and Sharon could consider coming back to participate in OHWN at this time. Marlys wanted to know how we could proceed with this.

Coordinator Updates:

Report was sent out to CoP members prior to this meeting.

Jane brought a request for \$500 for an honorarium. She is hoping to get a Practicum Student from the VIU Masters in Community Planning program. This practicum would be to look at creating a document that will give us information about the networks in our region. The Nanaimo Health Network would also give \$500 honorarium.

Decision:

- CoP approved the \$500 honorarium for this purpose.

Report from the First 2000 Days Forum:

The CWG had expected that the Facilitator of this forum would produce a written report, but this was not done. Judi, Helene and Caron are reviewing the breakout workshops and will put a report together from them. This should be ready by January.

Following the Forum, they will be holding the first of quarterly forums in March on Zoom. This will be for sharing the next steps for collaboration, following the work done in the Forum.

Action:

- CWG Forum Report to be brought to a later CoP meeting

Feedback from Gerry & Jane's Recruitment Strategy Meeting:

Gerry and Jane brought a report from their Recruitment Strategy meeting. CoP members were asked to go through it in detail and give feedback to Jane within the next week if possible. They really want CoP members to take on a greater role and be more involved.

Scott was asked if he could look at becoming our official liaison with QB Council. He agreed to attend informally at present as there is currently an official liaison from QB council. It was also suggested that we ask RDN to give us a representative. Jane will send a letter of request to both the Parksville Council and the RDN to ask if they would give us representatives to sit on CoP.

Actions:

- CoP members to go through Recruitment Strategy report and give feedback to Jane asap
- Jane to send letter of request to Parksville City Council and RDN for representatives to join CoP

Next meeting:

The next meeting will be on Thursday January 21st.

Elaine will chair this meeting.

Agenda items will include:

- Recruitment Recommendations
- Early Learning Forum Report

It was suggested that written reports from the Action Tables be submitted beforehand so that there is less time taken during the meeting.