# **Emergency Shelters Open Every Day**

# Seasonal Emergency Shelters

#### Women

Samaritan Place - Bridge to Housing 702 Nicol Street, Nanaimo

This shelter is by referral only. Please call the number below for more information.

Women only - 19 plus.

#### Men

The Salvation Army New Hope Centre 19 Nicol Street, Nanaimo



This shelter is low barrier, however, drugs or alcohol may not be consumed on the premises. Some storage space is available for belongings, including carts.

#### Youth

Friendship Lelum Youth Safe House

**\( 250-753-8266** 

For at risk youth between 12 - 18 years. Low barrier, however, drugs and alcohol are not permitted on the premises.

#### Men, Women & Pets

# Nanaimo Unitarian Shelter

595 Townsite Road, Nanaimo

**♦** 250-754-3720 **♦** 5 p.m. to 7:30 a.m.

Men, women, pets and storage. Low barrier, but drugs and alcohol may not be comsumed on premises.



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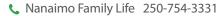
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Emergency Shelters Open Every Day From November 14, 2023 to March 31, 2024

#### Nanaimo

St. Peter's Winter Cold Weather Shelter 301 Machleary Street, Nanaimo

Shelter Direct Line 250-591-5600



Connective Support Society of Nanaimo 250-754-1266

5, 25,40

© 8 p.m. to 7:30 a.m.

This co-ed seasonal shelter is operated jointly by the Connective and Nanaimo Family Life Association with a 35-bed capacity. Hot dinner and cold breakfast provided. No drugs or alcohol are permitted on the premises. Open every night.

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# Need More Help?

Homelessness Outreach Response Team

Services for those experiencing ongoing homelessness





# Need Shelter or Food?

Find emergency shelter and food in the region



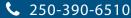
In crisis? Need more help? Call VANCOUVER ISLAND CRISIS LINE:

1-888-494-3888

Find more about shelters & other housing supports at:



rdnhousing.ca



#### Nanaimo

# Salvation Army Meal Program

19 Nicol Street

- 250-714-1142
- O 7 days per week Breakfast: 9 a.m. to 11 a.m. Lunch: 1 p.m. to 2 p.m.



4235 Departure Bay Road

- **\** 250-758-2676
- U Lunch Thursday 11 a.m. to 12:30 p.m. Offered from September to end of June (excluding Christmas Day)





#### **Parksville**

# Salvation Army Soup Kitchen

187 Alberni Highway

- 250-954-0707
- Monday, Tuesday, Wednesday & Friday 11 a.m. to 1 p.m. \*Dine in only



#### **Oualicum Beach**

#### St. Stephen's United Church 150 Village Way

**\** 250-752-9831

O Thursday 11:30 a.m. to 1 p.m.

Dinner offered on the third Tuesday of each month from 5 p.m. - 6:30 p.m. (excluding statutory holidays).



#### Nanaimo Area

#### Society of Saint Vincent de Paul

**\** 250-753-8500

Leave a message to arrange for a food hamper delivery.



#### Loaves and Fishes Community Food Bank

**L** 250-754-8347

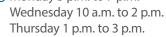
Free food market shopping model. Open 7 days a week throughout Nanaimo and area. No income or address check required.

Free food market schedule: viloavesandfishes.org

#### Depot Locations (closed on holidays)

#### Loaves and Fishes Food Bank 1009 Farguhar Street

Monday 5 p.m. to 7 p.m.



### Nanaimo Alliance Church

1609 Meredith Road

# The Neighbourhood Church

4951 Rutherford Road

O Thursday 6:30 p.m. to 8 p.m.

# Salvation Army Church

505-8th Street

○ Friday 1 p.m. to 2:30 p.m.

#### **Generations Church**

1300 Princess Royal Avenue

Saturday 11 a.m. to noon

# Parksville / Oceanside Area

#### Salvation Army Food Bank

886 Wembley Road, Parksville (French Creek)



O Monday, Tuesday, Thursday 8:30 am to 4 pm Wednesday and Friday 9 am to noon \* Closed noon- 1 pm

Please note hampers are provided by appointment

# Need Food and Supplies?

#### Parksville / Oceanside Area

#### Manna Homeless Society

Food, clothing, and healthcare services.

Outreach Van can be accessed by calling 

# Society of Organized Services (SOS)

245 Hirst Avenue West, Parksville

Food, clothing and other supplies

**\** 250-248-2093













Call the Automated Transit Information Line:

Nanaimo 250-390-4531 Parksville/Qualicum Beach 250-954-1001 Toll-free 1-877-607-4111 Ext. 6200

w rdn.bc.ca

Office Hours Monday to Friday from 8:30 am to 4:30 pm Closed on statutory holidays

